

Discovering Your Purpose

There is a saying that there are two really important days in your life; the day you were born and the day you discover why you were born. As unique as your DNA is, so is your purpose for being on the planet. Purpose is defined as the reason for which something exists or for which it has been done or made. There are more than seven billion people on earth, and there is a reason why each of us exists. Each person has an assignment to carry out, and it may take some digging to figure out what it is. Sometimes it's easier to see someone else's purpose because of their fame—Celine Dion's purpose is to bless people through song, Oprah Winfrey's is to encourage and inspire women to be authentic and listen to their inner selves. Most people aren't meant to become famous while fulfilling their purpose, but finding and living your purpose will lead you to a more meaningful life. It will enable you to have a different perspective of the challenges that will come your way and it will allow you to live life with intention.

To begin the process of finding your purpose, there are a few questions that I want you to answer. In answering these questions, I want you to really think about each answer in depth and answer each one honestly and accurately as possible.

1. What are your gifts and talents?
2. What do people tell you that you are good at doing?
3. If you were wealthy, what would you do to fill your time?
4. What are you passionate about?
5. What is your biggest dream?

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Once you have completed your story, you have the foundation for beginning to discover your purpose.

There are a few other elements that are involved and we would be happy to help guide you in the direction of your destiny. If you would like one of our coaches to work with you to help you interpret your answers and understand what that means for your life, email us at info@drgladney.com. The consultation is an hour long for only \$75. If you want and need more time, we can arrange that for you as well, to ensure that you equipped to live out your purpose. Helping you make the most of life!